

Mentor Packet (K-8 Program)

Reflecting Christ Through Service, Growth, and Friendship

Partnering for Eternity is a scholarship program that seeks to provide students with opportunities to serve, ease senior isolation, and help with tuition assistance. This program was founded in 2006, inspired by a child who connected with an older adult, creating a lifelong friendship. We are currently partnered with 200+ Seventh-day Adventist schools across the United States who are receiving the rich blessings of PFE. We are excited to present you with the opportunity to join the PFE family.

Program Basics

Student is paired with a mentor (55+, non-relative) for the school year

Student and mentor spend 1 hour together each week in shared activities (suggestions below)

Mentor receives blessings of an 'adopted' grandchild, companionship, and help around the home.

Student and family receive the blessings of an 'adopted' grandparent, your knowledge and mentorship, and tuition assistance.

What Does It Mean to Be a PFE Mentor?

Blessings of Being a Mentor

1. You benefit from having a young person in your life, both from the relationship you form, and the service you provide each other.
2. You improve the livability of your community by mentoring a child.
3. You help a child with defraying the cost of a Seventh-day Adventist education.
4. And it will change your life too!

A Mentor's Commitments

1. Commit to one hour, once per week with your student mentee in grades K-8. Visit time submitted for scholarship must not take place during a school event, place of employment or during Sabbath hours. But we hope you build such a strong relationship, that you will spend *extra* time together!
2. The visits will continue for an entire school year.
3. Visits with a student mentee must occur with a parent or guardian present the entirety of the visit (within eyesight/earshot).
4. Visits must occur while you are present.
5. Be present with your student mentee if they are completing chores.
6. Provides a safe environment for a student.
7. Reports to the PFE Coordinator if you perceive your student mentee is in any danger or trouble.

A Guide to Your First Visit

Your first visit in the program can be daunting, even if you have participated in past years. Every student/mentor relationship is unique, and it may take a few visits to find the ways in which you work best together. To help ease you into the new program year, get to know your student, and plan a schedule that works, we have created this guide to help you navigate your first visit(s).

1. Ask “Get to Know Each Other” questions
 - a. When is your birthday? (write it on the calendar below and plan something special)
 - b. Do you have any siblings? Tell me about them.
 - c. What is your favorite color?
 - d. What is your favorite food? (write it down and plan to cook together)
 - e. Do you like fruit or veggies more?
 - f. Do you have any pets? If so, tell me about them.
 - g. What is your favorite animal?
 - h. What is your favorite holiday? (write it on the calendar below and plan something special)
 - i. What is your favorite class in school?

2. Fill in your PFE calendar
 - a. Plan your semester of visits
 - i. If you pick a specific day/time of week to visit, set up a Plan B for missed visits.
 - b. Make note of holidays/vacation time
 - i. Plan for when you will make up those visits
 - c. Plan for ‘special activity’ visits (cooking dinner, birthday get-together, etc.)

3. Make a list of activities for your future visits
 - a. Reference the activity list below if you run out of ideas

Activity Suggestions

- Learn or share a new hobby
- Help with chores (raking, sweeping, organizing, vacuuming)
- Build something
- Cooking/baking
- Crafts and art (knitting, painting, drawing)
- Have your mentor teach you about financial responsibility (budget, saving, tithe)
- Create a funny video
- Have an indoor/outdoor picnic
- Tell stories
- Play board/card games (Uno, Monopoly, Scrabble)
- Do a puzzle
- Write a poem together
- Go for a walk
- Discuss your future career options
- Interview each other
- Explore other countries/cities on Google
- Teach your mentor about technology
- Make a recipe book
- Plan a "Show and Tell"
- Exercise together
- Gardening
- Read aloud
- Make a family tree
- Sidewalk/driveway chalk
- Create a life timeline
- Work on homework together
- Play word or imagination games (Word Chain, Going on a Trip, I'll pack.. 20 questions)

Helping Your Mentee “Explore Their Life Purpose”

We encourage you to have discussions with your student that help him/her to consider their future. This could be exploring various professions they may be interested in, and the steps needed to get there; it could mean personal goals; it could mean exploring new hobbies the student may want to learn about. We hope that you and your student can spend time exploring things in life that bring a sense of purpose and fulfillment.

We hope that talking about some of the below questions may help them discover their passions and the steps to take on their life journey. Thank you for being a part of that journey as your student's PFE mentor.

Learning About A Student

- What do you think are some of your strengths?
- What do other people say you are good at doing?
- What classes do you enjoy the most?
What activities outside of school do you enjoy the most?
What strengths does your mentor think you have?
- How would you like to make a difference/impact in your community?
- What value do you hope to add to society?

Applying Your Strengths

- Think of people in your life whose profession/interests you admire?
- What about that profession/interest is appealing to you?
- Do you think your strengths align with that profession(s)/interest(s)?
- What profession(s)/interest(s) sound interesting to you?
- Think about the strengths you discovered above. Do those strengths align with the profession(s) that interest you?
What profession(s)/interest(s) does your mentor think you would excel doing?

Volunteering/Hobbies

- Are there any local nonprofits that interest you?
- Have you ever thought about volunteering at those nonprofits? Look on their website and explore their volunteer opportunities.
- Is there anything at your local church that you would like to be involved in (ex. learning the sound system; greeting people as they arrive at church; helping set up for potluck)?
- Are there any new hobbies you'd like to learn about?